



UNITED STATES MARINE CORPS

OFFICER CANDIDATES SCHOOL
TRAINING COMMAND
2189 ELROD AVENUE
QUANTICO VA 22134-5033

1000
CSA
MAR 22 2021

From: Commanding Officer, Officer Candidates School
To: Officer Candidates Class - 237 and Platoon Leaders Class
(Juniors and Seniors)

Subj: SUMMER 2021 OFFICER CANDIDATES CLASS DATES; CANDIDATE PRE-SHIP
PREPARATION AND REQUIREMENTS

Ref: (a) MCO P1020.34H
(b) MARADMIN 166/20
(c) MARADMIN 117/16
(d) MARADMIN 204/15
(e) MARADMIN 305/08
(f) MCBUL 10120 FY-21
(g) MCB Quantico Order 8000.1A
(h) US Navy Regulations 1165
(i) Marine Corps Manual 1100.4

Encl: (1) IPAC/OCS Candidate Screening
(2) SF 1199a (Direct Deposit Sign-up Form)
(3) Officer Candidates Pre-Ship Checklist

1. Background. As the nation continues to battle the serious threat of Coronavirus Disease (COVID-19), Officer Candidates School (OCS) is taking the necessary steps to prevent its spread and is heavily engaged and focused on maintaining a safe training environment. The entry-level training we conduct at OCS to make Marine officers is considered mission essential. To that end, we will view this virus as an enemy, defend against it, and continue the mission while protecting the force. In accordance with the Centers for Disease Control (CDC) and prevention recommendations, we have instituted a variety of mitigation measures for the summer training cycle to protect our staff and the candidates to include the following:

a. Restriction of movement (ROM) for 14 days upon arrival to Marine Corps Base Quantico (MCBQ) to monitor candidates for COVID-19 symptoms. During the 14-day ROM, candidates will stay in low occupancy billeting, have the opportunity to conduct limited physical training, and receive an introduction to course material via online learning.

b. Strict enforcement of platoon separation and schedule de-confliction to reduce risk of contamination between platoons.

c. Sanitization of common facilities and equipment between each platoon's use.

d. Candidate liberty will be restricted to OCS Brown Field.

e. Staff will limit interaction outside their platoon, practice social distancing, and wear personal protective equipment (PPE).

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f. The listed mitigation measures are not all inclusive; however, the themes of sanitization, separation, social distancing, and continuous use of PPE are being applied in a deliberate approach, consistent with Department of Defense restrictions and commander's intent. Although adjustments have been made to the training schedule and environment to protect the force from the threat of COVID-19, we will do what we have always done: educate, train, screen, and evaluate Officer Candidates for the leadership, moral, mental, and physical qualities required for commissioning as a Marine Corps officer. The exceptionally high standards expected from Officer Candidates and the OCS staff remain unchanged.

2. Purpose. This letter, in accordance with references (a) through (i) is an aid to all those involved in the preparation of Officer Candidates for Officer Candidates Class-237 (OCC-237) and Platoon Leaders Class (Juniors and Seniors) during the summer 2021 training cycle. This letter, along with the OCS website (<http://www.trngcmd.marines.mil/Northeast/Officer-Candidates-School/>) contains important information and responses to questions frequently asked by Officer Candidates. The website also includes physical training guidance, academic resources, and other preparation tips.

3. Preparation. It is incumbent on each Officer Candidate to utilize all resources available to prepare for the rigors of OCS and ensure they are physically, mentally, and spiritually prepared. Officer Candidates must ensure they remain physically fit. Leading up to shipping, it is recommended that Officer Candidates continue to train at a rigorous pace that will help sustain readiness. Continue to maintain social distancing in accordance with CDC guidelines; however, keep training. Upon arrival, Officer Candidates will be required to conduct a 14-day ROM prior to induction into training. It is critical to understand that the opportunity to sustain aerobic capacity will be limited during this ROM period.

4. Class Date

Class	Report Date	Graduation / Completion Date
PLC-Jrs (1st Increment)	22 May 2021	9 July 2021
PLC-Srs (1st Increment)	22 May 2021	10 July 2021
OCC-237	8 June 2021	14 August 2021
PLC-Jrs (2nd Increment)	26 June 2021	13 August 2021
PLC-Srs (2nd Increment)	26 June 2021	14 August 2021

5. Transportation. Officer Candidates must collect and retain all travel receipts to and from OCS, as they will file a travel claim for reimbursement at either The Basic School (TBS), their Officer Selection Station, or parent command upon their return. All candidates must arrive in appropriate civilian attire (i.e. slacks with a belt (no blue jeans), a collared shirt, and dress shoes - no heels), and must wear a protective mask. Upon arrival at the COVID screening site at the airport or OCS parking lot, candidates will be provided additional masks. Officer Candidates that have transportation issues or who are unable to meet the check-in deadline must call the OCS Officer of the Day (OOD) at office number 703-432-6050 or cell 540-419-5210 and the OCS Marine Corps Recruiting Command (MCRC) Liaison Officer (LNO) at 571-991-1705, as well as their respective Officer Selection Officer (OSO), Naval Reserve Officer Training Corps (NROTC) unit, or parent command. Those travelling by privately owned vehicle (POV) are encouraged to travel to the Quantico area one day prior and procure a local hotel room.

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Candidates who are being dropped off MUST do so at Ronald Reagan Washington National Airport (DCA).

a. Arrival Flight Information. Officer Candidates' flights must arrive at DCA, prior to 1900 on the report date listed above. The Marine Liaison Team at DCA will be in the Service "C" uniform and will greet Officer Candidates at DCA's Historic Lobby adjacent to the United Service Organizations (USO) in Terminal A beginning at 1300. Officer Candidates will be directed to the OCS shuttle service outside the DCA airport for transportation to the reception site for follow-on medical screening and accountability. Once complete, Officer Candidates will be transported to the MCBQ ROM site. Evening chow will be the only meal provided to Officer Candidates by OCS on the day of their arrival.

(1) Incident Weather. If a weather emergency causes the majority of inbound flights to be delayed or cancelled, OCS will disseminate an alternate reporting requirement via the MCRC LNO as far out from the arrival window as possible.

(2) Delayed Flights. If an Officer Candidate's flight is delayed or cancelled for any reason, they must contact the OCS OOD and MCRC LNO, as well as their OSO, NROTC unit, or parent command. Officer Candidates will resume their travel upon the next available flight from the airline and maintain communication with the OCS OOD until their arrival. If arriving to DCA after 2000, Officer Candidates must contact the OCS OOD and MCRC LNO, as well as their OSO, NROTC unit, or parent command and coordinate transportation to OCS.

b. Departing Flight Information. Officer Candidates who are designated to commission after graduating OCS, will report to TBS immediately and therefore do not need roundtrip tickets; with the exception of both Enlisted Commissioning Program (ECP) and candidates on temporary additional duty (TAD) orders. All other Officer Candidates must have roundtrip tickets prior to their arrival to OCS, with their return flights scheduled for departure after 1800 on graduation day.

c. Marine Corps Enlisted Commissioning Education Program (MECEP) and ECP Flights. MECEP and ECP Officer Candidates do not rate per diem or lodging while at OCS. Due to this, they are unable to file 30-day travel vouchers and settle their outstanding Government Travel Charge Card charges until they return to their parent command. Ensure that variation of itinerary is authorized in the event the candidate is disenrolled prior to graduation. Officer Candidates reporting via Defense Travel System (DTS) will be placed on partial payments in a mission-critical status.

d. Privately Owned Vehicles. Officer Candidates attending OCC-237 are authorized to drive POVs to OCS. Officer Candidates driving POVs will arrive at OCS on MCBQ, between the hours of 1300 and 1900 on the report date in appropriate civilian attire. Upon arrival, they will be instructed where to park and shuttled to the medical screening area. All drivers must arrive with a valid driver's license, current vehicle registration, and proof of insurance in order to gain access to MCBQ. Vehicle inspections should be completed by the candidate's OSO/Marine Officer Instructor (MOI) or parent command prior to departure for OCS. At no time will recreational vehicles be allowed on Brown Field. All Officer Candidates arriving via POV are encouraged to arrive the day prior and stay at a hotel in the local area. Traffic on Interstate 95 is unpredictable and can cause significant delays.

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Officer Candidates who arrive before 1300 will be instructed to report back during the designated arrival window. Officer Candidates that arrive after 1900 are subject to being turned away at the discretion of the Commanding Officer (CO), OCS.

6. Check-in Procedures. Upon arrival to either of the screening sites, Officer Candidates will be directed to a COVID screening area where they will receive a temperature reading and will be asked a series of COVID/travel related questions. Once complete, Officer Candidates will proceed to the accountability area where they will check in, turn in medical records, receive additional masks, and be directed (or transported) to the marshalling area for processing at the ROM site.

7. Required Items

a. Running Shoes. Officer Candidates must bring serviceable running shoes that are easily accessible upon arrival at OCS. It is recommended that running shoes are fewer than three months old or have fewer than 100 miles of wear on them. One pair of running shoes is mandatory, but two pairs are strongly recommended. Minimalist running shoes that accommodate all toes in one compartment are authorized; however, finger-toe shoes that separate toes into compartments are not authorized.

b. Physical Training (PT) Gear. Officer Candidates must bring three sets of PT gear consisting of plain tee shirts, shorts, and white athletic socks for use during ROM. These sets of PT gear will also be worn during medical screening prior to the first bag issue. The shirt and shorts will be free of writing or images. A small name brand is authorized.

c. Uniform Items. During training, Officer Candidates will wear the Desert Marine Pattern (MARPAT) uniform for all training events, except for the Platoon Commanders Inspection, Final Drill Evaluation, and graduation, which will be in the Woodland MARPAT uniform.

(1) All Officer Candidates, regardless of program, are required to arrive at OCS with the items listed in the table below:

Item	Qty
Jacket/Coat (conservative in color and style)	1
Collared Shirt	2 (1 worn)
Undershirt (white)	2 (1 worn)
Business Casual Trousers (no blue jeans)	2 (1 worn)
Belt	1 (worn)
Dress Shoes (no heels)	1 pair (worn)
Underwear (compression shorts are authorized)	6
Sports Bra (female candidates only)	6
Running Shoes (3 months or newer or have fewer than 100 miles of wear)	1 pair (2 pairs are recommended)
Eye Glasses (contact lenses are not authorized at any time at OCS)	1 pair (2 pairs are recommended)
Basic Toiletries (shower/shave gear)	3 weeks worth
Watch (water resistant/rugged)	1

(2) In addition to the table above, all current Active and Reserve Marines, to include Individual Ready Reserve (IRR) Marines within 90 days of

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their end of active service (EAS), are required to bring the items in the table below:

Item	Qty
Blouse, MARPAT, Woodland	2
Trousers, MARPAT, Woodland	2
Blouse, MARPAT, Desert	2
Trousers, MARPAT, Desert	2
Service "A" (full uniform to include ribbons and badges)	1
Service "C" Blouse	1
8-Point Cover, MARPAT, Woodland	2
8-Point Cover, MARPAT, Desert	2
Boonie Cover, MARPAT, Desert	1
Hot Weather Combat Boots (Jungle) (see para 7.c.5)	1
Infantry Combat Boots (ICB) (see para 7.c.5)	1
Sea Bag	1
Web Belt	2
Web Belt Buckle	2
Green PT Sweat Top	1
Green PT Sweat Bottom	1
PT Shorts (not silkies)	2
Green Skivvy Shirts	6
Boot Socks (brown)	6

(a) Upon arrival at OCS, two additional sets of Woodland MARPAT uniforms will be issued, at no cost, to those Marines who are still considered on Active or Selected Marine Corps Reserve (SMCR) status. All uniform items must be serviceable in accordance with reference (a). Uniforms deemed unserviceable will be replaced at the Marine's expense. Prior enlisted Marines must remove name tapes upon induction into training. Prior enlisted Marines will not receive a new issue of boots. IRR Marines, who are fewer than 90 days past their EAS have the same uniform requirements as Active duty and SMCR Marines. IRR Marines who do not possess these uniform items will purchase them at Cash Sales.

(b) IRR Marines who are 90 or more days past their EAS will receive a full issue of uniforms. The Officer Candidate must inform their receiving staff if they possess these items prior to uniforms issue in order to prevent double issue or the purchasing of surplus uniform items.

(3) NROTC students are required to bring the items in the table below in addition to the items in paragraph 7.c.1. If they have not received the below items prior to arriving, NROTC students will receive them in their initial issue at OCS:

Item	Qty
Blouse, MARPAT, Woodland	2
Trousers, MARPAT, Woodland	2
Blouse, MARPAT, Desert	2
Trousers, MARPAT, Desert	2
8-Point Cover, MARPAT, Woodland	2
8-Point Cover, MARPAT, Desert	2
Boonie Cover, MARPAT, Desert	1
Hot Weather Combat Boots (Jungle)	1
Infantry Combat Boots (ICB)	1

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Sea Bag	1
Web Belt	2
Web Belt Buckle	2
Green PT Sweat Top	1
Green PT Sweat Bottom	1
PT Shorts (not silkies)	2
Green Skivvy Shirts (3 can be synthetic)	6
Boot Socks (brown)	6

(4) Service "A" Uniform. All OCC-237 direct-commission Officer Candidates, to include MECEP and ECP, could stand a Company Commander's Inspection in the Service "A" uniform with garrison cover. All prior enlisted Officer Candidates of OCC-237 are required to hand-carry their current Service "A" uniform to OCS. Those prior enlisted Officer Candidates earning their commission upon graduation will have the option to convert their Service "A" uniform from enlisted to officer, or to purchase a new uniform. MECEP Officer Candidates who are not commissioning will NOT alter their uniform, but will stand the inspection with their enlisted rank. Platoon gear lockers will be available in order to store these items.

(5) Boots. Prior service members are not required to purchase ICB or jungle boots even if they do not currently own them; however, they are required to bring two sets of issued boots (not steel toe). All Officer Candidates may bring one pair of additional USMC regulation boots to OCS (for a total of three when included with the required/issued pairs). Officer Candidates who wish to bring a third pair of boots are encouraged to purchase USMC regulation boots prior to arrival at OCS. This will allow the Officer Candidate to begin a break-in period and to become accustomed to wearing and running in boots. Multiple pairs of boots also allow Officer Candidates to have an inspection pair and a heavy-use pair simultaneously. OCS will issue Marine Corps combat boots (cold weather and jungle) to all candidates who are not prior service. Boots, such as Bates Lites and Danner Reckonings are authorized. Officer Candidates are encouraged to review paragraph 3012 of reference (a) and (e) for boot regulations. Further guidance on boot fitting can be found on the OCS website.

d. Money. Officer Candidates will only use cash, debit, or credit cards for the purchase of their bag issue, weekly haircuts, and exchange visits. Bag issue will cost between \$380.00 and \$500.00. The minimum amount of gear required to induct into training will cost \$380.00. OCS will not lend money or apply checkage for an Officer Candidate's bag issue or other required costs. Weekly haircuts and exchange visits can total \$20.00 per week. Officer Candidates arriving without the required funds may be disenrolled if the CO, OCS deems them financially incapable of meeting the initial procurement requirements to commence training.

e. Toiletries. Officer Candidates will bring enough basic overnight toiletry items (razors, shaving cream, soap, shampoo, deodorant, toothbrush, toothpaste, and solid color towels) to last the first three weeks of training. Additionally, each Officer Candidate must bring at least six sets of clean undergarments. These items must last each Officer Candidate the first three weeks of training until they make their initial exchange visit, as the small/large bag issue does not include hygiene gear.

8. Fitness Reports. MECEP Officer Candidates who are Sergeants and above will receive non-observed From Temporary Duty (FD) fitness reports upon

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completion or dis-enrollment. ECP candidates who are Active or Reserve will receive Grade Change (GC) reports in conjunction with their FD report when departing OCS as Second Lieutenants back to their parent command. A candidate's parent command is responsible for providing them a To Temporary Duty (TD) report before reporting to OCS.

9. Medical. OCS Medical will conduct a screening of all candidates prior to entering the training cycle. It is imperative that all current candidate commissioning physicals are included in the medical record prior to check-in at OCS. Additionally, candidates that fall under the outlined commissioning programs must have the following documentation in their medical record:

a. NROTC, OCC, and Platoon Leaders Class (PLC). All Navy Medicine (NAVMED) 6120/3 (annual certificate of physical condition) will be used by OCC and PLC Officer Candidates, while NROTC Officer Candidates will use the Naval Service Training Command 15330107 form. The respective forms must be completed every year after the initial commissioning physical, including a current certificate (within one year). The NAVMED 6120/3 must be signed by the appropriate administrative personnel in the unit. An initial commissioning physical will be considered invalid if there is a lapse in the completion of required annual certificates. If there is a gap in the annual certificates, a new physical will need to be completed prior to arriving at OCS. Any missing documentation or gaps in an Officer Candidate's medical history may result in the Officer Candidate being not physically qualified to begin training.

b. Active Duty and SMCR Officer Candidates. Active duty and SMCR Officer Candidates must possess completed and current (within one year) Periodic Health Assessments.

c. Copies of Physician Treatment Records. Significant medical conditions that have developed before or after enrollment must be included in the Officer Candidate's medical record even if the Bureau of Medicine has granted a waiver. Officer Candidates who have undergone any eye surgery must be at least 180 days post-operation prior to reporting to OCS. Their medical records must also include all post-surgical follow-ups regardless of when the surgery took place. Documentation must state that the Officer Candidate is free of any post-surgical complications, demonstrates vision stability, and does not require use of ophthalmic medications or treatments. All dental surgeries must occur a minimum of 21 days prior to reporting to OCS.

d. Immunization Records. Current immunization records are required. Medical restrictions prevent Officer Candidates from receiving more than five immunizations over a short period of time. Officer Candidates with outdated/missing immunizations may be medically disqualified during in-processing if they are unable to receive the required immunizations. At a minimum, candidates must have had their childhood immunizations (MMR, Varicella, HIB, DTAP, and HEPB). Shot records should be signed by a licensed medical professional and be included in the Officer Candidate's medical records prior to them being shipped to OCS for pre-screening. Similarly to the required immunizations list above, Officer Candidates who have already received the COVID vaccine are required to bring the appropriate documentation signed by a licensed medical professional. The COVID vaccine is not required, however, it is encouraged.

e. Medical Records. All Officer Candidates who are working with an OSO will have their medical records forwarded to their appropriate district, who

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will then forward the records to OCS Medical. For NROTC candidates, their MOI should forward the medical records to OCS Medical. For all Active duty and SMCR Officer Candidates, their unit should forward the medical records to OCS medical. The address for OCS medical is 2189 Elrod Ave, Quantico, VA 22134. It is highly recommended that copies of mailed records be maintained at the forwarding or owning unit. Dates for submission are:

(1) Medical Records. All Officer Candidates attending OCC-237 and Platoon Leaders Class (Juniors and Seniors), no later than 30 days prior to shipping.

(2) Dental Evaluation. Copies of current (within one year) dental evaluations are to be included in the medical record. Do not send dental records. Due to the current availability of dental services, MCRC will allow candidates to ship to OCS without current (within one year) dental records. Officer Candidates with current need for dental service may be medically disqualified throughout in-processing and during the training cycle as there will be no dental services available.

f. Medications. Officer Candidates are allowed to bring required medications, to include vitamins, but must have written authorization from their physician stating why they are required during training. During medical in-processing, Officer Candidates will disclose these medications or vitamins, and OCS Medical must approve them in order for a candidate to use them while in the training environment at OCS. Due to the nature of the training environment at OCS, the use of patch- or cream-style medications is discouraged.

g. Birth Control. Officer Candidates who are currently taking oral contraceptives must bring their medication with them during in-processing for documentation into their record. After medications have been reconciled, Officer Candidates will continue prescribed contraceptives as directed by providers. If a candidate is using an intra-uterine device (IUD) or implantable long-acting removable contraceptive (LARC), the IUD/LARC will have to remain in place for the duration of the training cycle. The IUD/LARC is required to be in place for at least two weeks prior to arrival at OCS.

h. Aviation Contracts. Officer Candidates who anticipate commissioning upon completion of OCS must have their aviation-related physicals and medical follow-ups completed prior to arriving at OCS. The Bradley Branch Health Clinic is not staffed with a flight surgeon or specialty providers to assist with completion of flight physicals. All flight physical issues must be resolved prior to arriving at OCS and concerns must be addressed to the Head of Officer Programs, MCRC.

i. Eyeglasses. Officer Candidates who wear glasses will bring a minimum of one pair of non-eccentric glasses with them for training. It is recommended to bring at least one non-eccentric head strap to keep glasses tight on the head during physical training at ROM and in-processing. If possible, prior service and prior OCS attendees should bring their military-issued glasses in order to streamline the issue process, two pairs are recommended. Officer Candidates will not arrive at OCS wearing contact lenses, nor will they wear contact lenses at any time while at OCS. OCS Medical will issue military eyeglasses within three weeks of arrival, depending on the complexity of the prescription. In order to receive military-issued eyeglasses, candidates must hand-carry their current prescription (within one year), or they can wear/take their current

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eyeglasses to allow for optometry to scan the prescription. OCS Medical will not process faxed-in prescriptions.

j. Changes to Health. Officer Candidates should not depart for OCS if acutely ill or injured. Officer Candidates must notify their OSOs, NROTC unit, or parent command of any changes to health. OSOs must notify the assigned district corpsmen of any new medical issues. NROTC units and parent commands must notify MCRC of any changes to a candidate's health.

10. Administration. MCBQ Installation Personnel Administrative Center (IPAC), Student Personnel Section is responsible for all administrative matters pertaining to the pay and entitlements of Officer Candidates. All Officer Candidates are encouraged to read the Fiscal Year 2021 ECP, MECEP, Meritorious Commissioning Program Reserve (MCP-R), and Reserve Enlisted Commissioning Program (RECP) Selection Board Results Marine Corps Administration (MARADMIN) messages, which selected them to their program for additional information on entitlements. These MARADMINS are located at web address: <http://www.marines.mil/News/Messages/MARADMINS>.

a. Per references (b) through (d), all selected Marines will receive TAD orders to report to the CO, OCS, Quantico, Virginia. This represents a change from previous training cycles. All selectees are now instructed not to break their domicile leases, move their dependents or household goods to Quantico, or initiate departures from base housing. Candidates who are authorized Basic Allowance for Housing (BAH) at their present command will continue to receive BAH at their current duty station rates.

(1) Upon completion of OCS, MECEP Officer Candidates will return to their parent commands to execute Permanent Change of Station (PCS) or Permanent Change of Assignment (PCA) orders to their assigned NROTC units as outlined in references (b) through (d).

(2) Upon completion of OCS, ECP, RECP, and MCP-R, candidates will commission and return to their units. PCS orders will be hand delivered by MCRC to the Officer Candidate prior to departing OCS. They will coordinate their PCS moves with their local Distribution Management Office and execute Orders to TBS.

(3) MECEP, ECP, RECP, and MCP-R selectees who have questions should contact Officer Naval/Enlisted Programs (ON/E) at 703-784-9443; DSN 278-9443.

b. If an Officer Candidate's family member(s) are staying at an address other than the candidate's home of record, e.g. parents/in-laws, the Officer Candidate should provide that address to OCS during in-processing. All Officer Candidates with dependents will be required to provide a valid rental/lease or mortgage agreement in order to receive BAH during OCS, in accordance with reference (e).

c. Each Officer Candidate will hand carry a manila envelope labeled in the top right corner with their last name, first name, and middle initial. No medical information should be contained in this envelope. A full list of required documentation can be found in enclosure (1) and should be included in this envelope. Failure to include any of the below documentation may result in delayed payment:

(1) Two copies of the Officer Candidate's Orders.

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(2) Completed enclosure (2), direct deposit sign-up form, for a current savings and/or checking account with a voided check or deposit slip for verification of electronic funds transfer information. OCS recommends this form be filled out electronically by the candidate's financial institution to prevent pay issues (not required for Active duty or Reservists unless updates are needed).

(3) A copy of the Officer Candidate's birth certificate and social security card.

d. The following are documents required for Officer Candidates in special cases:

(1) Officer Candidates with dependents must bring documentation for all dependents including certified true copies of birth certificates for spouses and all children. Birth verification letters (with footprints) will be accepted for newborns (not required for Active duty unless information needs to be updated).

(2) All married Officer Candidates must include a valid marriage license, or marriage certificate, as well as the receipt that shows they paid for the license. If the Officer Candidate's spouse changed his/her name following the marriage, a copy of his/her social security card should be included to accurately show the current full name. (Not required for Active duty unless information needs to be updated). A valid state-issued driver's license or social security card with spouse's name change is required to change an Officer Candidate's spouse's name.

(3) All single reserve component Officer Candidates will ensure that their primary residence is established and current in Marine Corps Total Force System in accordance with reference (g).

(4) Officer Candidates who are prior military service members and Officer Candidates who are married to current or prior military service members must bring four copies of the service member's DD Form 214. Officer Candidates must provide their Active duty service spouse's social security number and current unit information.

e. MECEP and ECP candidates will provide a full copy of their DTS travel claim, including DD Form 1610 and the itemized printout of the daily cost. While enrolled at OCS, MECEP Officer Candidates will receive the discounted meal rate (DMR). Parent commands should also be aware that a DMR deduction will be started and run via unit diary entry while assigned to OCS. Meals and lodging are directed and provided for the Officer Candidate. MECEP Officer Candidates are encouraged to read references (b) through (d) for additional information on entitlements.

f. All NROTC Officer Candidates' pay will be exclusively handled by their respective NROTC units they are commissioned from. NROTC Officer Candidates must ensure they have coordinated with, and have reliable points of contact for, the appropriate NROTC support personnel prior to their departure to OCS. NROTC Officer Candidates need to understand how they will be paid, regardless if they attend a six or 10-week training cycle; this is done through the Navy until they graduate OCS, assess into the Marine Corps, and are joined at TBS.

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g. Officer Candidates will call home within the first 24-hours of arrival to let a family member or friend know that they have arrived safely at OCS. After the 14-day ROM, Officer Candidates will write home to provide their company and platoon information. Additionally, families are encouraged to visit the official OCS website at <http://www.trngcmd.marines.mil/Units/Northeast/Officer-Candidates-School/> or the official OCS Facebook page at www.facebook.com/usmcocs for more information.

(1) After the third week of training, mail will be distributed every day except Sunday. Officer Candidates will only use the United States Postal Service (USPS) for packages. The mailing address for Officer Candidates is:

Candidate Last Name, First Name MI. ___ Company, ___ Platoon
Officer Candidates School
2189 Elrod Avenue Quantico, Virginia 22134-5033

(2) Non-USPS Packages. All non-USPS packages that are sent to OCS will not be signed for, and will be returned to the carrier facility. OCS is not responsible for packages delivered via non-USPS methods. Officer Candidates will not have the ability to pick up packages, as Officer Candidate liberty will be restricted to Brown Field.

11. Religious Services. Officer Candidates maintain their right to the free exercise of religion so long as those requirements do not adversely impact military readiness, unit cohesion, and good order and discipline. Officer Candidates will have weekly opportunities to attend to their spiritual needs during their time at OCS. Once on Brown Field, Officer Candidates will have the right to attend divine services of one's faith, and to reasonably partake in one's religious practices within the scope authorized by military directives per scheduled training dates and times.

a. Officer Candidates may bring personal religious items. Such items will be stowed in footlockers with other personal effects.

b. Subject to temporary revocation due to training requirements, candidates may wear religious apparel items as follows:

(1) Articles of religious apparel which are not visible or apparent when worn with the uniform.

(2) Visible articles of religious apparel with the uniform while attending religious services.

c. OCS dining facilities are unable to provide meals that meet all religious dietary restrictions (e.g. kosher, halal, vegetarian etc.). When Meals Ready-to-Eat (MRE) are issued to candidates for field evolutions, kosher and halal MREs are available in lieu of the standard MRE. Officer Candidates should request these via the OCS Chaplain's Religious Needs Assessment disseminated during ROM. MCRC will provide a roster of Officer Candidates with specific religious dietary restrictions to OCS, referencing question (41) on enclosure (3) no later than 30 days prior to shipping.

12. Contraband. The following items are not authorized aboard Brown Field. Officer Candidates found in possession of the following will face possible disenrollment:

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a. Study Guides. In order to eliminate any possible situations which could place a candidate's integrity into question, any study material, aside from what OCS provides candidates, is contraband. OCS still encourages study guides be made and used in preparation for OCS, but the material should only be studied prior to arrival and should remain off Brown Field. Upon arrival, OCS provides each candidate with a knowledge binder containing the study material necessary for success at OCS.

b. Weapons. Officer Candidates will not transport personal weapons (knives, firearms, ammunition, etc.) to OCS. Per reference (f), weapons will not be stored in an Officer Candidate's vehicle.

c. Dietary Supplements. Dietary supplements, such as pre-workout, protein powder, or anything containing caffeine, etc. are contraband and are not allowed on Brown Field or at the ROM site.

d. Tobacco Products/Electronic Cigarettes. The possession or use of any tobacco products is prohibited for Officer Candidates on Brown Field and the ROM site. This is to include the use of electronic cigarettes/vaping, regardless of their tobacco or nicotine content (or lack thereof). Officer Candidates who report to OCS with tobacco or nicotine products will be required to dispose of them upon check-in.

e. Alcohol. Alcoholic items are prohibited on Brown Field and the ROM site. Officer Candidates should not consume any alcohol within 12 hours prior to reporting to OCS.

f. Athletic Equipment. Personally procured pull up bars are not authorized for use at the ROM site or on Brown Field. Electronic recovery/massage tools are not authorized. Mechanical recovery tools such as, lacrosse balls, Thera-canes, roller sticks, and recovery bands are authorized for use while at the ROM site. However, these items will be turned into the contraband locker upon arrival to Brown Field. Foam rollers and recovery gear will be issued to each Officer Candidate/Candidate Platoon upon arrival and will be available for their use during the training cycle.

13. Fraternization. All Officer Candidates shall be expected to understand the Marine Corps and OCS policy regarding fraternization per reference (h) and (i). Officer Candidates intending to marry prior to commissioning should do so prior to reporting to OCS. The Officer Candidate/instructor relationship is maintained on a formal military basis.

14. Pre-Ship Checklists. In addition to medical records being shipped ahead of time, each Officer Candidate must complete and submit enclosure (3) 30 days prior to the Officer Candidate's arrival. OSOs, MOIs, and COs (for enlisted-to-officer candidates) must review enclosure (3) with each candidate. Enclosure (3) allows MCRC and OCS to properly flag any issues and allow time for corrections/follow-up. MCRC will provide a roster of Officer Candidates with specific religious dietary restrictions to OCS, referencing question (41) on the Pre-Ship Checklist no later than 30 days prior to shipping.

a. OCC Officer Candidates will complete enclosure (3) in its entirety with their respective OSOs, who will forward it via the chain of command to MCRC Officer Programs.

Subj: SUMMER 2021 OFFICER CANDIDATES CLASS DATES; CANDIDATE PRE-SHIP PREPARATION AND REQUIREMENTS

b. NROTC/MECEP/ECP/RECP/MCPR pre-ship checklists will be scanned and sent via email no later than 30 days prior to shipping to their respective program coordinators listed below.

(1) NROTC: amy.coppage@marines.usmc.mil,
patrick.shirley@marines.usmc.mil, or diego.coralera@marines.usmc.mil

(2) MECEP/ECP/RECP/MCP-R: troi.spencer@marines.usmc.mil.

15. For all questions concerning candidate information, please contact the Student Activities Section during working hours (0800-1700) at OCS_CSA@usmc.mil or commercial at 703-784-2531. For questions or issues occurring after hours, please contact the OCS OOD at 703-432-6050.



L. M. RUSH

IPAC OCS CANDIDATE SCREENING

(L NAME, F NAME, MI): _____

HAVE YOU PREVIOUSLY ATTENDED OCS?

SSN: _____

YES / NO

COMPANY: _____ PLT#: _____

COMMISSIONING SOURCE (circle one)

OCC OCC-R

PLC PLC-R

MECEP ECP

NROTC NROTC-R

OSO INFORMATION

OSO LOCATION: _____

OSO NAME: _____

OSO TELEPHONE NUMBER: _____

OSO EMAIL ADDRESS: _____

DOES THE FOLLOWING APPLY? (circle one)

CURRENT USMC RESERVIST (SMCR or IRR)

FORMER USMC (no obligation to USMC/USMC-R)

PRIOR MILITARY SERVICE – OTHER BRANCH

DOCUMENTATION TURNED INTO OCS IPAC STAFF:

INITIAL THE BLOCK THAT APPLIES:	YES	NO	N/A
1) INITIAL ORDERS	_____	_____	_____
2) ANNEX C (SVC AGREEMENT)	_____	_____	_____
3) DD FORM 4 (CONTRACT)	_____	_____	_____
4) BIRTH CERTIFICATE OCAN	_____	_____	_____
5) SSN CARD - CANDIDATE	_____	_____	_____
6) DIRECT DEPOSIT FORM	_____	_____	_____
7) BLANK CHECK	_____	_____	_____
8) MARRIAGE CERTIFICATE	_____	_____	_____
9) BIRTH CERTIFICATE - SPOUSE	_____	_____	_____
10) SSN CARD - SPOUSE	_____	_____	_____
11) BIRTH CERT – CHILD (1 2 3 4 5 6)	_____	_____	_____
12) SSN CARD – CHILD (1 2 3 4 5 6)	_____	_____	_____
13) TRANSCRIPTS	_____	_____	_____
14) PROOF OF RESIDENCE / LEASE	_____	_____	_____
15) DD 214	_____	_____	_____

ORIGINAL DOCUMENTS TURNED IN:

NOTES:

CANDIDATE SIGNATURE: _____

DIRECT DEPOSIT SIGN-UP FORM

DIRECTIONS

- To sign up for Direct Deposit, the payee is to read the back of this form and fill in the information requested in Sections 1 and 2. Then take or mail this form to the financial institution. The financial institution will verify the information in Sections 1 and 2, and will complete Section 3. The completed form will be returned to the Government agency identified below.
- A separate form must be completed for each type of payment to be sent by Direct Deposit.
- The claim number and type of payment are printed on Government checks. (See the sample check on the back of this form.) This information is also stated on beneficiary/annuitant award letters and other documents from the Government agency.
- Payees must keep the Government agency informed of any address changes in order to receive important information about benefits and to remain qualified for payments.

SECTION 1 (TO BE COMPLETED BY PAYEE)

A NAME OF PAYEE (<i>last, first, middle initial</i>)		D TYPE OF DEPOSITOR ACCOUNT <input type="checkbox"/> CHECKING <input type="checkbox"/> SAVINGS																					
ADDRESS (<i>street, route, P.O. Box, APO/FPO</i>)		E DEPOSITOR ACCOUNT NUMBER <table style="width: 100%; text-align: center; border-collapse: collapse;"> <tr> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> </tr> </table>																					
CITY	STATE	ZIP CODE																					
TELEPHONE NUMBER AREA CODE		F TYPE OF PAYMENT (<i>Check only one</i>)																					
B NAME OF PERSON(S) ENTITLED TO PAYMENT		<input type="checkbox"/> Social Security <input type="checkbox"/> Fed. Salary/Mil. Civilian Pay <input type="checkbox"/> Supplemental Security Income <input type="checkbox"/> Mil. Active _____ <input type="checkbox"/> Railroad Retirement <input type="checkbox"/> Mil. Retire. _____ <input type="checkbox"/> Civil Service Retirement (OPM) <input type="checkbox"/> Mil. Survivor _____ <input type="checkbox"/> VA Compensation or Pension <input type="checkbox"/> Other _____ <div style="text-align: right; margin-top: 5px;"><i>(specify)</i></div>																					
C CLAIM OR PAYROLL ID NUMBER		G THIS BOX FOR ALLOTMENT OF PAYMENT ONLY (<i>if applicable</i>)																					
Prefix	Suffix	TYPE	AMOUNT																				
PAYEE/JOINT PAYEE CERTIFICATION I certify that I am entitled to the payment identified above, and that I have read and understood the back of this form. In signing this form, I authorize my payment to be sent to the financial institution named below to be deposited to the designated account.		JOINT ACCOUNT HOLDERS' CERTIFICATION (optional) I certify that I have read and understood the back of this form, including the SPECIAL NOTICE TO JOINT ACCOUNT HOLDERS.																					
SIGNATURE	DATE	SIGNATURE	DATE																				
SIGNATURE	DATE	SIGNATURE	DATE																				

SECTION 2 (TO BE COMPLETED BY PAYEE OR FINANCIAL INSTITUTION)

GOVERNMENT AGENCY NAME	GOVERNMENT AGENCY ADDRESS
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SECTION 3 (TO BE COMPLETED BY FINANCIAL INSTITUTION)

NAME AND ADDRESS OF FINANCIAL INSTITUTION		ROUTING NUMBER		CHECK DIGIT										
		<table style="width: 100%; text-align: center; border-collapse: collapse;"> <tr> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> <td style="border: 1px solid black; width: 20px; height: 20px;"></td> </tr> </table>												
		DEPOSITOR ACCOUNT TITLE												
FINANCIAL INSTITUTION CERTIFICATION I confirm the identity of the above-named payee(s) and the account number and title. As representative of the above-named financial institution, I certify that the financial institution agrees to receive and deposit the payment identified above in accordance with 31 CFR Parts 240, 209, and 210.														
PRINT OR TYPE REPRESENTATIVE'S NAME	SIGNATURE OF REPRESENTATIVE	TELEPHONE NUMBER	DATE											

Financial institutions should refer to the GREEN BOOK for further instructions.

THE FINANCIAL INSTITUTION SHOULD MAIL THE COMPLETED FORM TO THE GOVERNMENT AGENCY IDENTIFIED ABOVE.

BURDEN ESTIMATE STATEMENT

The estimated average burden associated with this collection of information is 10 minutes per respondent or recordkeeper, depending on individual circumstances. Comments concerning the accuracy of this burden estimate and suggestions for reducing this burden should be directed to the Financial Management Service, Facilities Management Division, Property & Supply Section, Room B-101, 3700 East-West Highway, Hyattsville, MD 20782 or the Office of Management and Budget, Paperwork Reduction Project (1510-0007), Washington, D.C. 20503.

PLEASE READ THIS CAREFULLY

All information on this form, including the individual claim number, is required under 31 USC 3322, 31 CFR 209 and/or 210. The information is confidential and is needed to prove entitlement to payments. The information will be used to process payment data from the Federal agency to the financial institution and/or its agent. Failure to provide the requested information may affect the processing of this form and may delay or prevent the receipt of payments through the Direct Deposit/Electronic Funds Transfer Program.

INFORMATION FOUND ON CHECKS

Most of the information needed to complete boxes A, C, and F in Section 1 is printed on your government check:

- (A)** Be sure that payee's name is written exactly as it appears on the check. Be sure current address is shown.
- (C)** Claim numbers and suffixes are printed here on checks beneath the date for the type of payment shown here. Check the Green Book for the location of prefixes and suffixes for other types of payments.
- (F)** Type of payment is printed to the left of the amount.

United States Treasury ¹⁵⁻⁵¹ / ₀₀₀		AUSTIN, TEXAS		Check No. 0000 415785
Month	Day	Year		
08	31	84		
Pay to the order of			28 28	DOLLARS CTS
76543			COMP	\$••••100 00
				NOT NEGOTIABLE
⑆00000518⑆ 041571926⑆				

SPECIAL NOTICE TO JOINT ACCOUNT HOLDERS

Joint account holders should immediately advise both the Government agency and the financial institution of the death of a beneficiary. Funds deposited after the date of death or ineligibility, except for salary payments, are to be returned to the Government agency. The Government agency will then make a determination regarding survivor rights, calculate survivor benefit payments, if any, and begin payments.

CANCELLATION

The agreement represented by this authorization remains in effect until cancelled by the recipient by notice to the Federal agency or by the death or legal incapacity of the recipient. Upon cancellation by the recipient, the recipient should notify the receiving financial institution that he/she is doing so.

The agreement represented by this authorization may be cancelled by the financial institution by providing the recipient a written notice 30 days in advance of the cancellation date. The recipient must immediately advise the Federal agency if the authorization is cancelled by the financial institution. The financial institution cannot cancel the authorization by advice to the Government agency.

CHANGING RECEIVING FINANCIAL INSTITUTIONS

The payee's Direct Deposit will continue to be received by the selected financial institution until the Government agency is notified by the payee that the payee wishes to change the financial institution receiving the Direct Deposit. To effect this change, the payee will complete a new SF 1199A at the newly selected financial institution. It is recommended that the payee maintain accounts at both financial institutions until the transition is complete, i.e. after the new financial institution receives the payee's Direct Deposit payment.

FALSE STATEMENTS OR FRAUDULENT CLAIMS

Federal law provides a fine of not more than \$10,000 or imprisonment for not more than five (5) years or both for presenting a false statement or making a fraudulent claim.

Candidate Name: (Last, First, MI)	OSO/MOI/OIC:
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Officer Candidates Pre-Ship Checklist (15 March 2021)

Program (circle): OCC PLC-Comb PLC Jr PLC Sr PLC Law PLC-R	District/RS/OSS:
ECP RECP MCP-R MECEP NROTC NROTC-R	Unit or NROTC:
Note: PFT must be within 45 days of shipping, scored per the <u>appropriate age category</u>, and administered by the OSO/MOI/OIC of this candidate.	
PFT Date: _____	Crunches/Planks: _____
Pull-ups: _____	3 Mile Run: _____
(or) Push-ups: _____	PFT Score: _____
Age: _____	Candidate Ht/Wt/BF% Date: _____
Ht: _____	Wt: _____
Max Wt: _____	BF%: _____

Instructions: This checklist must be filled out in person with the OSO/MOI/OIC.

- Candidate: Answer questions 1-25 by placing your initials in the appropriate box and providing a detailed explanation when required.
- OSO/MOI/OIC: Answer questions 26-42 with the candidate by placing your initials in the appropriate box and providing a detailed explanation when required.

Yes	No	N/A	Questions
			1. Do you possess a valid photo ID to take to OCS? If no, please explain.
			2. Do you possess a Real ID-compliant Identification? Beginning Oct 1, 2021, Real ID-compliant documentation will be required for boarding commercial flights, including domestic flights, entering federal buildings, and military bases.
			3. Do you understand you must possess a debit or credit card with a minimum of \$380.00 for your initial small/large bag issue? If no, please explain. (Note: Additional items are available for purchase if desired; optional items may increase price up to \$500)
			4. Is there anything which might prevent you from completing your minimum four week contractual obligation at OCS? If yes, please explain.
			5. Do you have any pending legal action against you (civil or criminal; including minor infractions)? If yes, please explain.
			6. Do you have any pending or scheduled court appearances before, during, or after reporting to OCS? If yes, please explain.
			7. Are there any other legal issues in which you are involved? (jury duty, subpoena to testify, etc.) If yes, please explain.
			8. Have you used any drugs the Marine Corps deems illegal prior to, or during the application/selection process, which has not been properly documented in your paperwork? If you are not sure, ask your OSO/MOI/OIC. All drug use must be properly identified, explained, and documented. <u>Warning: You will be taking a urinalysis upon your arrival at OCS; a positive urinalysis will disqualify you from the Marine Corps Officer Programs.</u>
			9. Have you informed your OSO/MOI/OIC of all minor and major law infractions? (regardless if the offense occurred when you were a minor and you were told the case has been sealed) If no, please explain.

Candidate Name: (Last, First, MI)	OSO/MOI/OIC:
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			10. Have you informed your OSO/MOI/OIC about all paid/unpaid speeding tickets, moving violations, parking tickets, and any other infractions or fines you have ever incurred (including those on a college campus)? If no, please explain.
Yes	No	N/A	
			11. Do you understand that, if you are in a relationship with an enlisted member of the Armed Forces of the United States of America and you are considering marriage, per paragraph 1100.6 of the Marine Corps Manual, the marriage must occur prior to accepting your commission?
			12. If flying, do you have information regarding times for reporting to OCS, modes of transportation OCS provides from Ronald Reagan Washington National Airport (DCA), and the cost of transportation in case you arrive late?
			13. Is the candidate's correct transportation method reflected in MCRISS? 13a. Is the candidate's correct email address reflected in the MCRISS profile?
			14. Do you have a family care plan?
			15. Have you granted a Power of Attorney to a trusted family member to handle various financial/administrative matters while you are in training?
			16. If you are a college graduate, do you understand that you must bring a certified copy of your transcripts which state that degree requirements have been met?
			17. Do you have any reoccurring injuries, injuries which may impact your ability to train at OCS, or medical history that you have not disclosed? If yes, please explain.
Yes	No	N/A	OCC & E-O Candidates Only
			18. If driving, do you have directions to OCS?
			19. If driving, do you possess a valid driver's license, registration, auto insurance, and POV inspection checklist completed by your OSO or OIC?
Yes	No	N/A	E-O Candidates & Drilling Reservists Only
			20. Have you recently deployed?
			21. If you have recently deployed, have you completed your 30, 60, and 90 day Post-Deployment Health Assessment per MARADMIN 112/07? If no, please explain.
			22. Do you possess the required serviceable uniforms per the OCS Candidate Pre-Ship Preparation and Requirements letter? (Note: Nametapes must be removed) If no, please explain.
			23. Have all of your unserviceable items been surveyed? (Note: Per MCO 10120.G, Reservists can survey unserviceable items)
			24. What is the Name/Rank of your company grade officer mentor? Name/Rank: _____ Parent Command: _____ Phone Number: _____ Email: _____

Candidate Name: (Last, First, MI)	OSO/MOI/OIC:
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Yes	No	N/A	Returning PLC Seniors Only
			25. Do you have all of your issued uniform items to bring with you to OCS? If not, please explain.

This section must be completed, with each question initialed, by the OSO, MOI, or OIC.

Yes	No	N/A	Questions
			26. Does the candidate meet height/weight/body fat standards in accordance with MCO 6110.3A?
			27. Have you instructed the candidate on proper civilian attire for checking in to OCS?
			28. Does the candidate have a copy of his/her orders for reporting to OCS? If no, please explain.
			29. Have you provided your phone number and OCS duty phone number to the candidate? If no, ensure this information is provided by shipping day. The OCS contact number is (703) 784-2351/52.
			30. Have you informed the candidate that he/she must bring a completed direct deposit form (SF 1199a) and voided check with him/her to OCS?
			31. Have you made the candidate aware that, if he/she has not been 100% truthful in their application, during their subsequent selection, and induction at OCS, they will be sent home from OCS, and may be found unfit to return?
			32. Has the candidate been briefed that, if there are any changes in their status (medical, moral, or otherwise), he/she must notify their OSO/MOI/OIC immediately? And, that he/she is not authorized to report to OCS with any unresolved medical or moral issues?
			33. Have you initiated the candidate's OPM case? What is the OPM case number? If not, please explain. *Note: Per FROST Call 032-17, all OCC, PLC Combined, PLC Law, and PLC Seniors candidates are required to report to OCS with a printed copy of their JPAS Person Summary, or SII Search Screen, showing the SF-86 T3/T3R investigation has been received, scheduled or closed. (Not required for NROTC or enlisted-to-officer candidates with active security clearances). Does the candidate have an open investigation? Yes _____ No _____ If not, Why? Explain _____ Case #: _____
			34. If the candidate has dual citizenship with another country, has the candidate documented their willingness to renounce citizenship to the foreign country? If not, please explain.
			35. If the candidate is a drilling reservist, does their I & I unit possess their orders to OCS? This is required as they must use it as a source document in order to transfer reservists to OCS via unit diary. Unit Diary #: _____ Transfer Date: _____
			36. If the candidate was a member of a different service, has the OST received the appropriate release of service documents which allow the candidate to be contracted into the Marine Corps and ship to OCS? (e.g. DD 214 or DD 368)
			37. Has the candidate experienced any changes in health, to include doctor visits, hospital stays, and/or surgery since his/her initial physical?
			38. If the candidate answered yes to question 37, has the change in health in any way affected the candidate's ability to train and prepare for OCS?
			39. Has the candidate taken over the counter medication and/or prescribed narcotics for any chronic medical issue since his/her initial physical?

Candidate Name: (Last, First, MI)	OSO/MOI/OIC:
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		40. Are all annual certificates, NSTC 1533/107 (NROTC units), and PHAs (SMCR & E-O applicants) available, and show continuity since the original physical exam not exceeding a total of five years? (N/A if the physical was administered within one year)
		41. Does the candidate have any religious dietary restrictions (e.g. kosher, halal, vegetarian, vegan, etc.)? Please explain below if 'Yes'.
		42. Has the candidate been notified of or utilized the OCS physical fitness preparation guide from the OCS website? https://www.trngcmd.marines.mil/northeast/officer-candidates-school/

Certification

This Pre-Ship Checklist was answered to the best of the candidate's and interviewing officer's knowledge. The officer candidate is qualified to attend to OCS.

Candidate Signature: _____ Date: _____

Print Name: _____

OSO/MOI/OIC Signature: _____ Date: _____

Print Name: _____