MCRC FROST CALL 058-20 DATED 31 July 2020

From: Commanding General, Marine Corps Recruiting Command

SUBJ: UPDATED COVID-19 GUIDANCE SPECIFIC TO OFFICER ACCESSIONS AND OFFICER CANDIDIATE SHIPPING

Ref: (a) MCRCO 1100.2A, Officer Commissioning Manual

(b) FC 031-19 CORONAVIRUS DISEASE 2019 (COVID-19)

(c) FC 035-19 COVID-19 GUIDANCE TO THE FORCE dtd 25 Mar 20

(d) FC 036-19 UPDATE TO CORONAVIRUS DISEASE 2019 (COVID-19) USMEPCOM 14 DAY RESPONSE MEASURES (PHASE III) EXECUTE SCREENING PRIOR TO PROCESSING

Encl: (1) Officer Candidate Pre-ship Checklist

(2) TBS Checklist

(3) Questions required by each recruiter, PSR, OSO and MOI

(4) Quarantine Attestation Completion Form

(5) Officer Candidiate School Master Projection Plan FY21 Updated 22 July 2020

- 1. <u>Purpose</u>. To provide updated guidance on pre-ship screening requirements prior to shipping to Officer Candidates School (OCS) and reporting to The Basic School (TBS).
- 2. <u>Background</u>. Reference (a) directs Officer Selection Officers (OSOs) and Marine Officer Instructors (MOIs) to complete enclosure (1), between 30-60 days of officer applicants and midshipmen (MIDN) shipping to OCS. OSOs and MOIs also must complete enclosure (2) on Lieutenants prior to reporting to TBS. These documents are completed in full, to include physical fitness tests (PFTs), height and weight, and body fat percentages, to ensure the officer applicant, MIDN, and Lieutenant meets the established requirements prior to shipping/reporting. [For the remainder of this FROST Call "OCS Candidates" refers both to officer applicants and MIDN].
- 3. <u>Information</u>. The current operating environment necessitates modified in-processing at OCS and TBS specifically, the inclusion of a 14-day restriction of movement (ROM) phase. To support the effort of reducing risk to each pool, MCRC also has modified processing for OCS Candidates shipping to OCS and Lieutenants reporting to TBS. References (b) though (d) remain in effect.
- a. TBS continues to incorporate the 14-day ROM into the period of instruction (POI). No dates are expected to change; reporting and graduation dates remain fixed for now.
- b. OCS continues to incorporate the 14-day ROM into the POI. Furthermore, OCS Candidates will not be permitted to visit with family and friends during the ROM or the training cycle. During liberty periods, OCS Candidates will be restricted to Brown Field, unless directed otherwise by their OCS chain of command. Enclsoure (4) provides FY21 OCS shipping and completion dates:

SUBJ: COVID-19 GUIDANCE SPECIFIC TO OFFICER ACCESSIONS AND THE FY20 SUMMER SHIPPING CYCLE

- (1) OCC 235 will now ship on 5 September 2020 and graduate 21 November 2020.
- (2) OCC 236 will ship on 9 January 2021 and graduate 20 March 2021.
- (3) PLC 1st Inc's ship date is 22 May 2021; completion and graduation ceremonies will occur on 2 and 3 July 2021, respectively.
- (4) PLCC and OCC 237 now will ship on 29 May 2021 and graduate on 7 Aug 2021.
- (5) PLC 2d Inc's ship date now is 5 July 2021; completion and graduation ceremonies are scheduled for 14 and 15 August 2021, respectively.
- c. Separately, reference (d) directs the Recruiting Regions to develop and execute a 14-day quarantine prior to processing applicants at MEPS. This requirement remains in place for all officer applicant processing; however, effective immediately, OCS Candidates and Lieutenants now will execute a 14-day self-quarantine prior to shipping to OCS and TBS, respectively.
- 4. Quarantine definition. Per the Centers for Disease Control and Prevention (CDC) and reference (d), quarantine separates and restricts the movement of people who were exposed to a contagious disease to see if they become sick. In keeping with CDC's standard, an applicant/poolee is considered to have met the requirements of quarantine if he/she has practiced social distancing, listened to and followed the directions of their state and local authorities, stayed home, avoided any non-essential travel, kept at least six feet away from other people in public, avoided eating or drinking in restaurants, bars, and food courts, and avoided visiting nursing homes, retirement, or long-term care facilities.
- 5. Action. In adherence to reference (c) OSOs and MOIs will limit contact with OCS Candidates through the following actions:
- a. OSOs and MOIs are authorized and encouraged to complete enclosures (1) and (2) telephonically.
- b. If local guidance precludes, or an OSO or MOI determines the current environment unsafe for, the execution of the pre-ship PFT to be conducted in person, OCS Candidates and Lieutenants will conduct a self-adminstered PFT 30-45 days prior to shipping to OCS or reporting to TBS. Marine Corps PFT scoring tables and videos for proper execution of each event, can be found at the following link: https://www.fitness.marines.mil/PFT-CFT Standards17/. Both the self-administered PFT, and the last recorded PFT administrered by an OSO/MOI, should reflect on enclosures (1) and (2). OSOs and MOIs will remind Candidates that OCS induction PFT standards remain 220 points, and the passing of all three events. There will be no PFT retakes or induction boards. Similarly, Lieutenants reporting to TBS

SUBJ: COVID-19 GUIDANCE SPECIFIC TO OFFICER ACCESSIONS AND THE FY20 SUMMER SHIPPING CYCLE

must achieve a minimum PFT score of 235 points to pick-up with a training company.

- c. OCS Candidates and Lieutenants will execute a 14-day self-quarantine as described in paragraph (4). During the quarantine, OCS Candidates and Lieutenants will provide a minimum of three self-administered temperature readings prior to arriving at OCS/TBS. OCS Candidates and Lieutenants will record their last reading within three days of reporting to OCS/TBS. All readings will be documented on enclosure (4).
- d. OSOs and MOIs will verify, to the best of their ability, all OCS Candidates and Lieutenants have completed enclosures (3) and (4) and instruct them to hand carry the enclosures to OCS/TBS.
- e. OSOs and MOIs will direct any OCS Candidate and Lieutenant who displays a fever, displays symptoms consistent with COVID-19, or fails to meet the 14-day self-quarantine period, not to ship OCS/TBS, and will report this to MCRC OP via the appropriate chain of command.
- f. Marine Corps Districts will conduct 100% screening of pre-ship checklists in accordance with reference (a) and report accountability of completion of the Quarantine Attestation Screening Form to the appropriate region AOP.
- 6. This FROST Call will be cancelled on 31 July 2021; however, MCRC OP will monitor the evolving situation and provide modification/update as required.

7. Points of contact are LtCol Isaiah Martinez or Mr. Mark Jovich, G-3, Officer Programs, at (703) 784-9642.

WARTINEZ
By direction

3

Candidate Name: (Last, First, MI)	OSO/MOI/OIC:

Officer Candidates Pre-Ship Checklist (20 February 2020)

Program (circle): OCC P	PLC-Comb PLC Jr PLC S	r PLC Law PLC-R	District/RS/OSS:
ECP RECP	MCP-R MECEP I	NROTC NROTC-R	Unit or NROTC:
Note: PFT must be			ropriate age category, and administered by the
	OSC	D/MOI/OIC of this can	didate.
PFT Date:	_ Crunches/Planks:_	Age: _	
Puli-ups:	3 Mile Run:	Candida	ite Ht/Wt/BF% Date:
(or) Push-ups:	PFT Score:	Ht:	Wt: Max Wt: BF%:
(or) Push-ups:	PF1 Score:	n	VAL IVIDA VAL DF70

Instructions: This checklist must be filled out in person with the OSO/MOI/OIC.

- 1. Candidate: Answer questions 1-22 by placing your <u>initials</u> in the appropriate box and providing a detailed explanation when required.
- 2. OSO/MOI/OIC: Answer questions 23-39 with the candidate by placing your <u>initials</u> in the appropriate box and providing a detailed explanation when required.

Yes	No	N/A	Questions
			1. Do you possess a valid photo ID to take to OCS? If no, please explain.
			2. Do you possess a Real ID-compliant Identification? Beginning Oct 1, 2020, Real ID-compliant documentation will be required for boarding commercial flights, including domestic flights, entering federal buildings, and military bases.
			3. Do you understand you must possess a debit or credit card with a minimum of \$380.00 for your initial small/large bag issue? If no, please explain. (Note: Additional items are available for purchase if desired; optional items may increase price up to \$500)
	i i		4. Is there anything which might prevent you from completing your minimum <u>four week</u> contractual obligation at OCS? If yes, please explain.
			5. Do you have any pending legal action against you (civil or criminal, and including minor infractions)? If yes, please explain.
			6. Do you have any pending or scheduled court appearances before, during, or after reporting to OCS? If yes, please explain.
			7. Are there any other legal issues in which you are involved? (jury duty, subpoena to testify, etc.) If yes, please explain.
			8. Have you used any drugs the Marine Corps deems illegal prior to, or during the application/selection process, which has not been properly documented in your paperwork? If you are not sure, ask your OSO/MOI/OIC. All drug use must be properly identified, explained, and documented. Warning: You will be taking a urinalysis upon your arrival at OCS; a positive urinalysis will disqualify you from the Marine Corps Officer Programs.
			9. Have you informed your OSO/MOI/OIC of all minor and major law infractions? (regardless if the offense occurred when you were a minor and you were told the case has been sealed) If no, please explain.

Candid	ate Name	e: (Last,	First, MI) OSO/MOI/OIC:
-			10. Have you informed your OSO/MOI/OIC about all paid/unpaid speeding tickets, moving violations,
			parking tickets, and any other infractions or fines you have ever incurred (including those on a college
			campus)? If no, please explain.
Yes	No	N/A	
			11. Do you understand that, if you are in a relationship with an enlisted member of the Armed Forces
			of the United States of America and you are considering marriage, per paragraph 1100.6 of the
			Marine Corps Manual, the marriage must occur prior to accepting your commission?
			12. If flying, do you have information regarding times for reporting to OCS, modes of transportation
			OCS provides from Ronald Reagan Washington National Airport (DCA), and the cost of transportation
			in case you arrive late?
		_	13. Do you have a family care plan?
			14. Have you granted a Power of Attorney to a trusted family member to handle various financial/administrative matters while you are in training?
			15. If you are a college graduate, do you understand that you must bring a certified copy of your
			transcripts which state that degree requirements have been met?
			16. Do you have any reoccurring injuries, injuries which may impact your ability to train at OCS, or
			medical history that you have not disclosed? If yes, please explain.
Yes	No	N/A	OCC & E-O Candidates Only
			17. If driving, do you have directions to OCS?
			18. If driving, do you possess a valid driver's license, registration, auto insurance, and POV inspection
No. of Street, Street, or other teams, and the street, and the	Carte Warrier	Library Walls	checklist completed by your OSO or OIC?
Yes	No	N/A	E-O Candidates & Drilling Reservists Only
			19. Have you recently deployed?
			20. If you have recently deployed, have you completed your 30, 60, and 90 day Post-Deployment
			Health Assessment per MARADMIN 112/07? If no, please explain.
		<u> </u>	21. Do you possess the required serviceable uniforms per the OCS Candidate Pre-Ship Preparation
			and Requirements letter? (Note: Nametapes must be removed) If no, please explain.
			22. Have all of your unserviceable items been surveyed? (Note: Per MCO 10120.G, Reservists can
	1		survey unserviceable items)
			23. What is the Name/Rank of your company grade officer mentor?
			Name/Rank: Parent Command:
			Phone Number:
			Email:
Yes	No	N/A	Returning PLC Seniors Only

Candida	te Name	: (Last,	First, MI)	OSO/MOI/OIC:
			24. Do you have all of your issued uniform items t	o bring with you to OCS? If not, please explain.
		This	section must be completed, with each question ini	tialed, by the OSO, MOI, or OIC.
Yes	No	N/A	Questions	
	-		25. Does the candidate meet height/weight/body	fat standards in accordance with MCO 6110.3A?
			26. Have you instructed the candidate on proper	
			27. Does the candidate have a copy of his/her ord	ers for reporting to OCS? If no, please explain.
			28. Have you provided your phone number and O ensure this information is provided by shipping da	* *
			29. Have you informed the candidate that he/she 1199a) and voided check with him/her to OCS?	must bring a completed direct deposit form (SF
			30. Have you made the candidate aware that, if he application, during their subsequent selection, and OCS, and may be found unfit to return?	
			31. Has the candidate been briefed that, if there a otherwise), he/she must notify their OSO/MOI/OI to report to OCS with any unresolved medical or n	C immediately? And, that he/she is not authorized
				C Combined, PLC Law, and PLC Seniors candidates of their JPAS Person Summary, or SII Search Screen, received, scheduled or closed. (Not required for
			Case #:	
			33. If the candidate has dual citizenship with anot willingness to renounce citizenship to the foreign	ther country, has the candidate documented their country? If not, please explain.
				u provided the candidate's transfer orders to OCS to possible, please provide the Unit Diary # (or future
			Unit Diary #:	Transfer Date:
			35. If the candidate was a member of a different release of service documents which allow the can ship to OCS? (e.g. DD 214 or DD 368)	service, has the OST received the appropriate didate to be contracted into the Marine Corps and
			36. Has the candidate experienced any changes in and/or surgery since his/her initial physical?	n health, to include doctor visits, hospital stays,
			37. If the candidate answered yes to question 34, candidate's ability to train and prepare for OCS?	, has the change in health in any way affected the
			38. Has the candidate taken over the counter me medical issue since his/her initial physical?	dication and/or prescribed narcotics for any chronic
			39. Are all annual certificates, NSTC 1533/107 (NI available, and show continuity since the original p	hysical exam not exceeding a total of five years?

Candidate Name: (Last	t, First, MI)	OSO/MOI/OIC:		
	40. Does the candidate have any dietary restriction	ons? Please explain below if 'Yes'.		
	41. Has the candidate utilized the OCS physical fit https://www.trngcmd.marines.mil/northeast/office			
Certification This Pre-Ship Checklist w qualified to attend to OC		viewing officer's knowledge. The officer candidate is		
Candidate's Signature: _		Date:		
Print Name: _				
OSO/MOI/OIC Signature	:	Date:		
Print Name:				

Screening Checklist for Lieutenants Attending The Basic School

Rank and Name: (Last, First,	MI)	EDIPI:	
Program (circle):		District/RS/OSS:	
PLC MECEP ECP N	IROTC SERVICE ACAD OCC	Unit or NROTC:	
	.3_). If the lieutenant does not mee	ry, and must be within Body Composition standards in It these requirements, notify MCRC OA no less than 30 days	
PFT Date:	Crunches:	Lieutenant's Ht/Wt/BF% Date:	
Pull-ups:	3 Mile Run:	Ht: Wt: Max Wt: BF%:	
(or) Push-ups:	PFT Score:	PFT/Ht/Wt/BF Certifying Officer:	

Instructions: This checklist must be filled out in person with the OSO/MOI/OIC.

- 1. Lieutenant: Answer questions 1-25 by placing your <u>initials</u> in the appropriate box and providing a detailed explanation when required.
- 2. OSO/MOI/OIC: Administer PFT, height, weight, and body fat measurements if required, and certify the lieutenant is qualified to attend TBS.

Yes	No	N/A	Physical/Medical Questions
			1. What is the date of your last physical? (DD MMM YYYY)
			2. What is the date of your last medical Annual Certification or Preventative Health Assessment (PHA)? (DD MMM YYYY)
			3. Have you completed an Annual Certification or PHA every year since your last physical?
			4. Since your last physical, have you suffered any injuries or illnesses which required medical treatment or therapy? If yes, please explain.
			5. Do you have any medical conditions, either currently, or in the past, which have not been revealed? If yes, please explain.
			6. Are you currently under a doctor's care, or are you currently taking any medication which has been prescribed by a doctor? If yes, please explain.
			7. Have you suffered any injuries which have prevented you from physically preparing for TBS in the past six weeks? If yes, please explain.
			8. Do you understand you must bring a copy of your complete medical record, including a complete physical, shot records, and medical documentation for all waivers?
	j		9. Have you added any tattoos or brandings since completing your last physical?
			10. If you answered yes to question 9, have the tattoos or brandings been screened by your OSO/ MOI/OIC?
			11. Is your spouse pregnant, or do you have any reason to believe your spouse is pregnant? If yes, when is she due?

5 . 1	1.51	/h	* A413	FOIR	
kank ar	nd Name:	(Last, F	erst, MII)	EDIPI:	
Yes	No	N/A	Females Only		
				mal results within the last two years? (Note: If not, you must	
			have a current Pap prior to reporting to		
			13. Do you have any reason to believe y	ou are currently pregnant?	
Yes	No	N/A	Legal Questions		
100 T C 3 200		117/23		IC of any arrest or conviction, regardless of severity, that you	
			have acquired since commissioning?		
				n against you (civil or criminal, to include minor infractions)?	
			If yes, please explain.		
	 		, -	/hich you are involved? (Jury Duty, Subpoena to Testify, etc.)	
			If yes, please explain.		
				y recent or imminent health care, personal care, employment, your training at TBS? If yes, please explain.	
<u> </u>			18. Do you have any significant financia		
	ļ		19. Do you have a dependent with spec		
•		ł		Inlisted member of the Armed Forces of the United States of the Marine Corps policy on fraternization (paragraph 1100.6	
	į	ļ	of the Marine Corps Manual) with you?	to the Marine Corps policy on traternization (paragraph 1100.6	
<u> </u>	<u> </u>			Inlisted member of the Armed Forces, were you married prior	
			to your commissioning?		
Yes	No	N/A	Other Questions		
			22. Have you consulted the TBS website http://www.trngcmd.marines.mil/Units	e and reviewed the content for the Basic Officer Course (BOC)? /Northeast/The-Basic-School/	
	<u> </u>			ch might prevent you from reporting on time?	
			24. Do you understand you will need to	have at least three copies of our orders and NAVMC 763?	
	25. Do you understand you will need to have an official copy of your undergraduate transcripts?				
Certific					
This Sc	reening	Check	list was answered to the best of th	e lieutenant's and interviewing officer's knowledge.	
This lie	utenani	t IS / IS	NOT qualified to attend TBS (circle	e) in accordance with MCRCO 1100.2A.	
Lieuter	nant's Si	ignatur	e:	Date:	
		Datas	Mana		
		Print	Name:		
OSO/N	101/0IC	Signat	ure:	Date:	
		Drint	· Namo		
		rm	Name:	 	

QUE	QUESTIONS AND ACTION REQUIRED BY EACH RECRUITER, PSR, OSO, MEPS LIAISON, MOI	080	MEPS LI	AISON,	MOI
	Question		Response	nse	
	Have you traveled to or from affected geographic areas within 30 days? https://www.cdc.gov/coronavirus/2019-ncov/index.html		YES	Z 	NO
2	Have you had any signs/symptoms of lower respiratory illness (e.g., cough or shortness of breath)?		YES	Z	NO
е	Have you been in close contact with anyone who has been sick, is currently ill or suspected of being ill with COVID-19?		YES	Z 	NO
4	Have any of your family members had or shown any symptoms of a respiratory infection such as cough or shortness of breath?		YES	Z	NO
S.	Has anyone in your family traveled to or from affected geographic areas within 30 days?		YES	Z	NO

	Actions Re	Required by Recruiter	y Recrui	ter				4
1. If any	any questions above	above are	are marked with a "Yes"	with a	"Yes",	ļ.	Medical	യ
70%	y your	700				1	arranged if	+

- the actions are required.
- a. AVOID touching your eyes, nose, and mouth.
- COVER your cough or sneeze with a tissue, then throw the tissue in the trash.
- surfaces using a regular household cleaning spray or wipe. c. CLEAN and disinfect frequently touched objects and
- least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or d. WASH your hands often with soap and water for at sneezing.
- (1) If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly
- channels via Recruiting Station per FROST Call 2. Report potentially high risk or confirmed cases of COVID-19 through normal reporting 017 - 20

- evaluation and care will be immediately the Marine displays fever and symptoms consistent with the COVID-19, as per CDC guidance. Actions Required if Marine displays fever and symptoms arranded in
- of his/her symptoms and travel history and potential medical treatment facility (MTF), informing the MTF 2. The Marine will call ahead before going to a contact with a confirmed case of COVID-19.
- assessing Marines who display fever and symptoms 3. MTF staff should follow CDC guidance when consistent with COVID-19.
- per previously published guidance, appropriate 4. If a Marine or Sailor is identified as reporting will be initiated. patient,
- cases evaluated by a competent medical authority and Only Per FROST Call 017-20, Commanders will report suspected or confirmed cases of COVID-19 through deemed suspected or confirmed will be reported. Headquarters Marine Corps Operations Center. normal reporting channels via OPREP-3 to the

ATTESTATION OF QUARANTINE COMPLETION

I hereby attest that I began to self-quarantine on (date YYYYMMDD), and I completed a 14 day self-
quarantine on (date YYYYMMDD), prior to my shipping to Officer Candidate School (OCS) and /or The Basic School (TBS).
I understand quarantine means separation of an individual or group reasonably believed to have been exposed to a quarantinable communicable disease, but who is/are not yet ill, from others who have not been so exposed, to prevent the possible spread of the quarantinable communicable disease.
During the quarantine, I self-administered temperature readings at a minimum of three (3) times before arriving at OCS / TBS. The last reading was recorded within 3 days of reporting to OCS.
Reading 1: Date YYYYMMDD):
Reading 2: Date (YYYYMMDD):
Reading 3: Date (YYYYMMDD):
Applicant Name (Last, First):
Applicant Signature:
Date signed (YYYYMMDD):
As the recruiting representative I certify that all of the information above is true to the best of my knowledge. OSO/MOI Name (Last, First): OSO/MOI Signature:
Date signed (VYVVMMDD):



UNITED STATES MARINE CORPS

OFFICER CANDIDATES SCHOOL TRAINING COMMAND 2189 ELROD AVENUE QUANTICO, VIRGINIA 22134-5033

> IN REPLY REFER TO: 1000 C475-3 22 Jul 20

From: Commanding Officer, Officer Candidates School

To: Distribution List

Subj: OFFICER CANDIDATES SCHOOL (OCS) MASTER PROJECTION PLAN (MPP), FISCAL

YEAR 2021 (FY-21)

1. The OCS MPP lists the reporting and graduation dates for FY-21. Shipping and graduation dates are coordinated with Marine Corps Recruiting Command (MCRC) and The Basic School (TBS).

Class	Report Date	Graduation Date
Officer Candidate Class (OCC) -235	5 Sep 2020	21 Nov 2020
OCC-236	9 Jan 2021	20 Mar 2021
Platoon Leaders Class (PLC)-Jr 1st Increment	22 May 2021	2 Jul 2021
Platoon Leaders Class (PLC)-Sr, NROTC, 1st Increment	22 May 2021	3 Jul 2021
OCC-237, PLC-Combined	29 May 2021	7 Aug 2021
Platoon Leaders Class (PLC)-Jr, 2nd Increment	5 Jul 2021	13 Aug 2021
Platoon Leaders Class (PLC)-Sr, NROTC, 2nd Increment	5 Jul 2021	14 Aug 2021

- 2. These projected dates are subject to change. The final reporting and graduation dates will be published via the candidate preparation letter for each cycle.
- 3. The point of contact is the Operations Officer, Major Ron O. Davis at (703) 784-2204 or email at ron.o.davis@usmc.mil.

T. M. ROSH

Copy to:

CG, MCRC

CG, TECOM

CG, TrngCmd

CO, TBS