

# Marine Corps Recruiting Station Louisville

Fall 2011  
Sept-Oct-Nov  
Volume 2, Issue 1

## Family Readiness Newsletter

### From the Commanding Officer....

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Families and Friends,

I want to take this opportunity to introduce myself and thank you for the reception that you have given to my family. My wife, Jennifer, our three sons and I moved to Louisville in June from Camp Lejeune, NC. These last two months have been hectic as we've settled into a new home and work, but we are enjoying the experience. I believe that you can choose to be happy anywhere, so we've embraced Louisville and are making the most of it.

Over the past two months I've had the opportunity to travel to each of the recruiting sub-stations in KY, IN, and OH meeting your Marines along the way. I've also gotten to see the hard work that they put in day after day to change the lives of young men and women. You should be proud of them.

I've had the privilege of getting to know some of the volunteers on our Family Readiness Team over the last two months as well. Master Sergeant Jared Cobb and his wife Nicole are a blessing to us all. We are also fortunate to have had Mrs. Adrienne Mason, the wife of Gunnery Sergeant Mark Mason, join the team when their family transferred to Louisville from NC. If you haven't already talked with Nicole and Adrienne, I encourage you to reach out to learn about the resources that are available to your family and to talk about any questions and concerns that you may have.

I am blessed to have a tremendously supportive (and smoking hot) wife. Her consistently positive support at home over the last few years has been critical to my success through multiple deployments. I'm sure that it will be the same here. Likewise, my boys are the reward that I look forward to at the end of every day.

Although some of the challenges that our families face are different, I remain convinced that your support is critical to your Marine's success. Thank you for your support and dedication. I look forward to meeting the "better half" of your family at our Family Day on Saturday, October 1st. Jennifer, the boys and I look forward to seeing you there.

Major Scott Stephan

### ....and Mrs. Stephan

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With newness all around us this summer, I am eager to feel settled here in Louisville and ready for adventures that lie ahead. Thankfully, we are now finding our way around town. The GPS is no longer plugged in every time I get in the car. It is a challenge to make these transitions every few years, but one thing is for sure, our life is never boring.

I look forward to getting to know RS Louisville families as the year progresses. Until then, here are a few facts about me. I love cooking, baking, and attempting to master the grill. Reading, working out, and sewing are on my 'favorites' list as well. I am also a childbirth instructor through The Bradley Method® of natural childbirth.

As the wife of a Marine and mother to 3 boys I know all about a busy, and sometimes hectic, schedule. My days are packed from sunup to sundown, and I wouldn't have it any other way. The excitement from the boys when Daddy gets home and the kiss I receive when he walks in the door...priceless! I love my family, and I look forward to meeting yours.

With warmest regards, Jennifer Stephan



Maj Stephan with wife Jennifer and their sons

# Our Family Readiness Team

## Advisors

*For all of those that don't already know me I am the Family Readiness Advisor here at RS Louisville. MSgt Jared Cobb is my husband, and also serves as the Family Readiness Officer as well as the Operations Chief at HQ. We have been on recruiting duty for 11 years, getting our start in Northern Indiana as part of RS Indianapolis and then moving to RS Raleigh and then here to Louisville. Jared has held several different billets within recruiting and that combined with being in different RS's as well as regions & districts has given us a unique opportunity to see this duty in different ways. I hope that I can use my insights and experience to help all of you have the best recruiting duty experience you can. Its all about making the most of whatever situation you find yourself in and keeping yourself busy. One day you will look up and realize that 3 years have gone by and you will be moving on to your next adventure.*



Nicole with her husband MSgt Cobb & their son Jay

*With the creation of sectors within the RS, there will be more support that ever before. Not only will you have myself, Jared & Adrienne to contact, but each sector has a volunteer that you can contact as well. The Sector heads are all recruiters wives with the exception of Jessica Jones who is a SNCOIC's wife, so they are all out in the streets dealing with recruiting duty right along with you. I really would like to encourage you all to take advantage of all that we have to offer you & know that we are here to help you if you need help, but also to enjoy our time together and have as much fun as we can. No matter where the Marine Corps takes you, you have an opportunity to meet new people and experience new things, recruiting duty is no different. Take advantage of the people around you and the sights and sounds of your recruiting area. It has been a great pleasure getting to know some of you & I look forward the meeting the rest & getting to know you as well. I hope to see you all and have fun together at the Family Day on October 1st.*

Nicole Cobb



I was born in Menomonee Falls, WI and enlisted into the Marine Corps in 2001. I met my husband in 29 Palms, CA and we have 2 children, Maranda and Makenzie. We have been on recruiting duty for a little over six years and come to Louisville from RS Raleigh. I enjoy cooking, crafting, volunteering and being in great company.

We are very excited to be here in Louisville and I look forward to meeting & getting to know everyone. Hope to see you all at Family Day!

Adrienne

## Sector Heads

Western Sector      Jessica Jones  
Evansville & Murray

Hi, my name is Jessica Jones. I've been married over 15 years. My husband, GySgt Jones and I have 2 boys ages 13 & 10. We have been on active duty for over 12 years and have served in recruiting for almost 7. We are currently stationed in Evansville, IN. I've only been a part of the Family Readiness Program for a short time, but I would like to think I was always there for families when they needed some encouragement or support. That's what I believe the program is all about anyway. I'm looking forward to getting to see all the other families at upcoming events. Take care & God Bless.

Jessica Jones

## Sector Heads



Kristina Davis with husband Sgt Davis

Northern Sector

Kristina Davis

Cincinnati, Florence & Fairfield

*My name is Kristina Davis, I am originally from Cincinnati, OH where our family is currently stationed for Recruiting Duty, though we choose to reside in Northern Ky. I am a full time mother of 2 very energetic girls ages 4 and 1, I have known my husband since we were 10 yrs old, we have been married for nearly 6 yrs. I am currently a full time college student pursuing an Associates degree in Health Care Administration, I plan to continue with a Bachelors degree. I also own a small business, Sweet as Honey Baby Boutique. I am a L.I.N.K.S trained volunteer and ready to further my training in Marine Corps Family Readiness. If anyone would like to contact me, please feel free. I love making new friends! You can email me at [krissldavis@aol.com](mailto:krissldavis@aol.com) or find me on Facebook, where I can be reached anytime. I look forward to meeting you all at our up-coming family day!*

Eastern Sector

Ashlee Heeg

London & Lexington

Hello all, I'm Ashlee! I am married to Sgt. Stephen Heeg. We have been in the Marine Corps for 8 years and are currently surviving recruiting duty. We are stationed at RSS London, KY and have been out here for 2 years now. We have two boys, Aiden and Tyler, who will be 6 and 3 in September. I am a stay at home mommy and full-time student. I am studying to receive my Bachelors of Science in Sports and Health Sciences through American Military University. Although there can be a lot on my plate at times and plenty to juggle, I wouldn't change a thing. My husband is such a big motivator and support system for me, just as I am for him. I am really looking forward to having the chance to get to know all the wives and their families.



Ashlee with husband Sgt Heeg & their sons Aiden & Tyler

Central Sector

Sara Wiggins

Clarksville, Elizabethtown, Louisville North



Sara with her daughter Faith

*I am Sara Wiggins, wife to Sgt. Wiggins. I am originally from Michigan, my husband and I grew up in the same home town. We have been married a little over 5 1/2 years now and have 3 beautiful children. We have been on Recruiting Duty for 2 years. I am a stay at home Mom, and just became an Independent Consultant for Thirty-One. I absolutely enjoy it here being active in church, local playgroups and now being a part of RSS Clarksville, getting to know the great wives from there. I love get togethers and helping when and where I can.*

## Spotlight on RSS London

- **SSgt Sidney Bushnell (SNCOIC)**                      **25 month**
- **Sgt Stephen Heeg**    **21 months**
- **Sgt Timothy Moos**    **19 months**
- **Sgt Thomas Furkin**    **9 months**
- **Sgt John Jarvis**    **4 months**

**How many schools do you cover & how big is your recruiting area?** 46 high schools, 25 counties, 8981.1 square miles

**Does your recruiting area/station present any unique challenges?** The population is spread out, mainly a rural area so no large cities in our area.

**What is the key to success on recruiting duty?** Positive mental attitude, having a good work ethic & work your high schools

**In what ways if any are the families involved/does your team get together outside of the office?** RSS London's family is very close. Our families get together for birthdays & family functions on the weekends. When time permits, our team will go hiking, fishing or hunting.



Sgt Moos, Sgt Heeg, SSgt Bushnell, Sgt Furkin, Sgt Jarvis

## Upcoming Events...

- ◆ **RS Louisville Family Day**                                      **Saturday, October 1, 2011**                                      **10:30-3:00**

Gallrein Farms 1029 Vigo Rd, Shelbyville, KY 40065

We will be grilling hot dogs, hamburgers & chicken breasts...Please bring a side dish or dessert if desired

There will be lots of fun activities such as hay rides, petting zoo, pumpkin decorating, candy apple decorating, chili cook-off. We will also have a drawing for lots of great prizes that include hand made gifts and tickets to the ball.

- ◆ **USMC Birthday Ball**    **Thursday, November 10, 2011**

Crown Plaza 830 Phillips Lane, Louisville, KY 40209

New Additions to the RS!  
On Behalf of the RS Louisville Family. Congratulations!

Sgt Durkin & wife Christina welcome baby girl Ashlynn Grace Durkin, born July 8th, 2011, 20" long & 7 lbs 11 oz

Sgt Morgan & wife Rachel welcome baby girl Dillyn Michaela Mae Morgan, born August 28, 2011, 21" long & 9 lbs 6 oz

# Kids Page

## Halloween Safety

Adrienne Mason

Parents of trick or treating kids can get so caught up in the fun themselves that they might forget some simple safety ideas that could keep everyone out of trouble. Having a fun and safe Halloween will make it all worth while!

Below are some tips that can help keep families safe during the festivities.

- If you take your kids to a sponsored event such as a trunk or treat, be sure to keep an eye on them at all times. Even though it seems less dangerous, you are still in a strange environment full of people you don't know. All it takes is a seconds with your back turned to find your child out of sight.
- Do research on the area you are going to trick or treat in. Check the sex offenders website to ensure your know which houses to avoid. [Www.familywatchdog.us](http://www.familywatchdog.us)
- Be sure to go with your children, or if they are old enough, make sure you know their route.
- Reinforce to your kids to never talk to strangers or enter a stranger's house
- Use flashlights, glow sticks or reflectors & take extra care when crossing streets
- go through your kids candy and only allow them to eat factory wrapped items. Throw away homemade treats unless you know the maker. Check candy to make sure wrappers are intact.
- Have fun!

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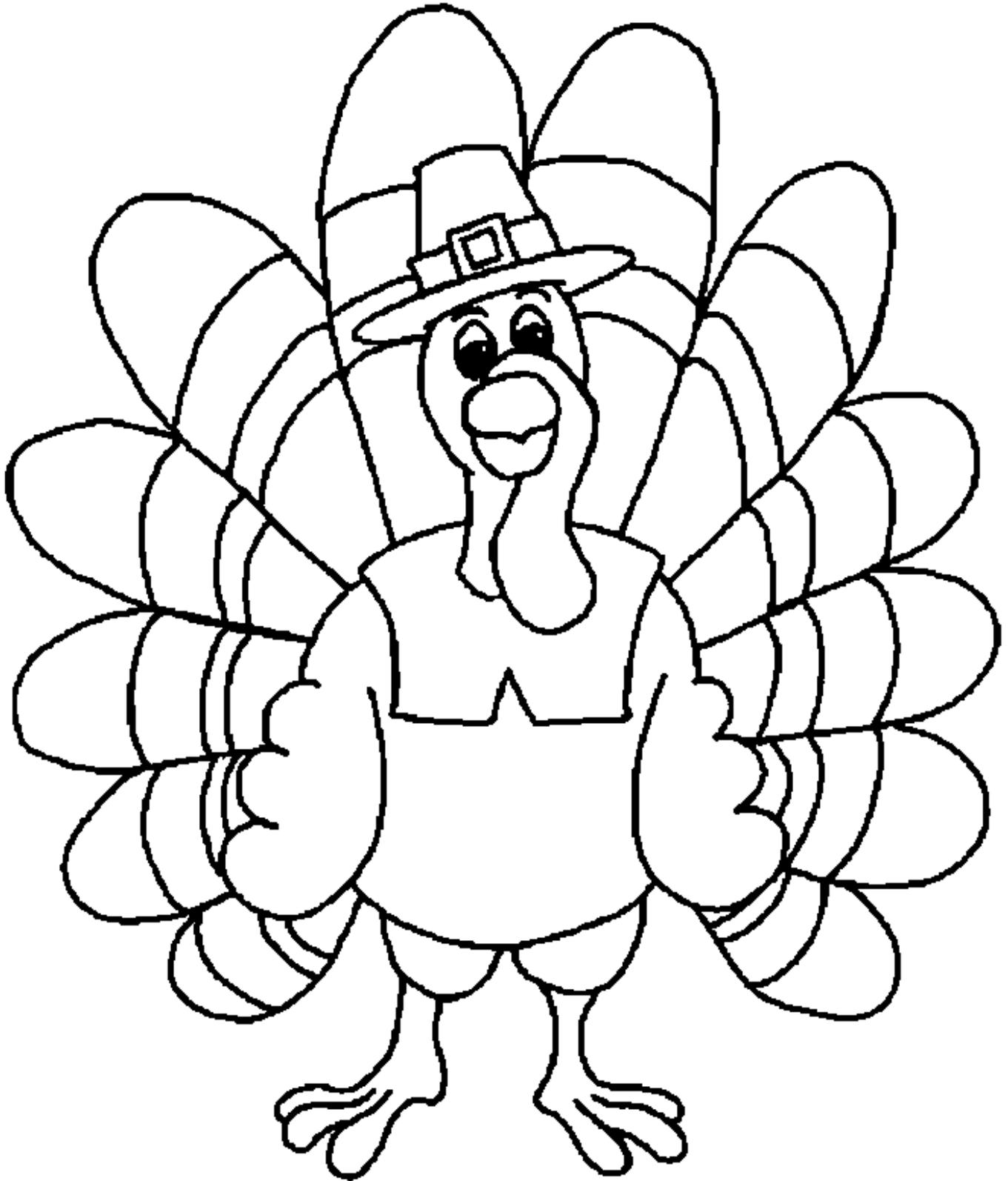
## Halloween Jokes

1. Why didn't the skeleton cross the road?
2. What do skeletons say before they begin dining?
3. What do ghosts serve for dessert?
4. Why do witches fly on brooms?
5. What do you call a skeleton who won't work?
6. Why do mummies make good employees?



Answers:

- |                            |  |
|----------------------------|--|
| 1. He didn't have the guts | 4. Vacuum cleaner cords aren't long enough |
| 2. Bonne appetit!          | 5. Lazy bones                              |
| 3. Ice Scream              | 6. They get all wrapped up in their work   |

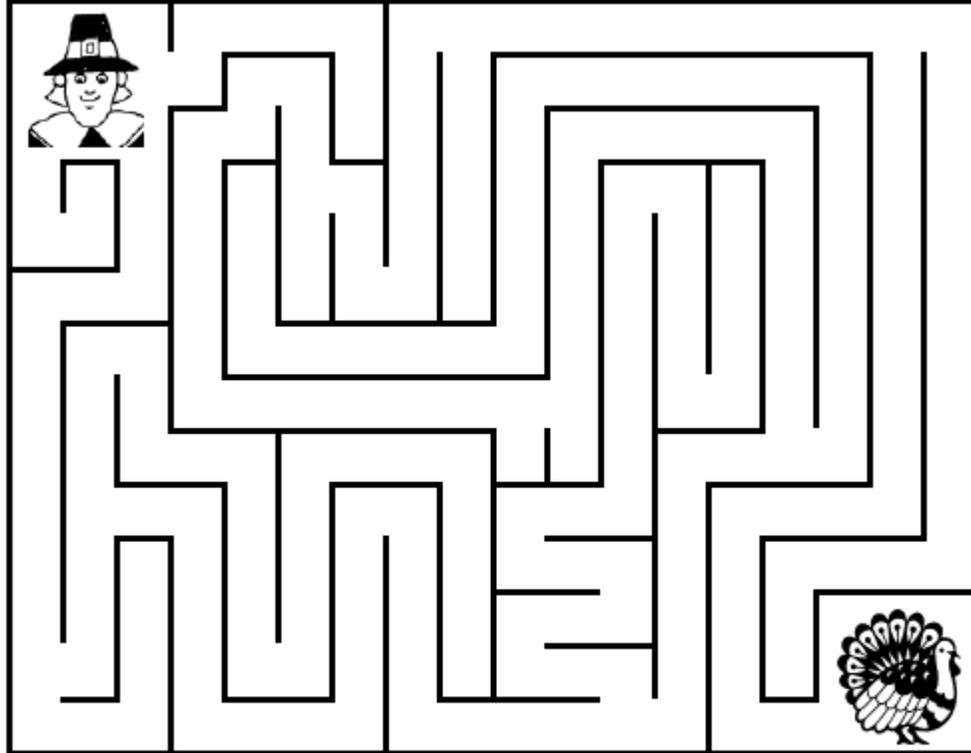
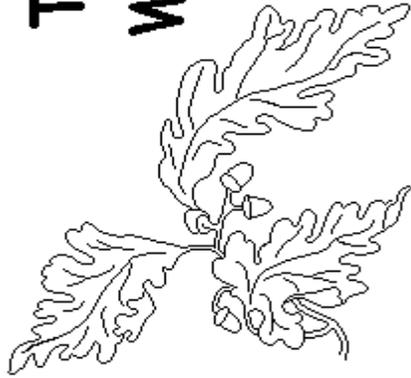


Color this page & bring it with you to Family Day on October 1st & it will be displayed in HQ!

NAME \_\_\_\_\_ AGE \_\_\_\_\_

MARINES NAME \_\_\_\_\_ RSS \_\_\_\_\_

# Thanksgiving Word Search



Help the Pilgrim find the turkey

S	M	K	E	Y	L	E	Z	I	A	M	C	N	N
P	U	M	P	K	I	N	G	K	A	O	G	Z	
M	C	M	R	G	L	G	M	C	O	L	O	N	Y
O	M	O	C	R	H	L	F	F	T	T	K	I	X
B	S	D	S	Q	U	A	S	H	S	E	D	V	P
A	S	E	C	O	R	N	M	A	E	A	D	I	I
J	E	E	I	P	A	D	E	E	V	G	W	G	L
E	N	R	T	I	L	F	M	Y	R	N	J	S	G
O	K	F	D	T	K	Y	E	S	A	I	L	K	R
O	C	N	R	G	L	K	M	E	H	F	C	N	I
L	I	I	P	I	R	E	W	O	L	F	Y	A	M
B	S	G	M	U	L	A	R	B	U	U	W	H	S
Z	F	A	T	P	O	D	V	S	I	T	U	T	A
J	F	A	L	L	S	M	A	Y	H	S	H	Z	B

- AMERICA
- COLONY
- COOK
- CORN
- ENGLAND
- FALL
- FAMILY
- FEAST
- FREEDOM
- GRAVY
- HARVEST
- INDIANS
- MAIZE
- MAYFLOWER
- PIE
- PILGRIMS
- PLYMOUTH
- PUMPKIN
- SAIL
- SETTLERS
- SICKNESS
- SQUASH
- STUFFING
- THANKSGIVING
- TURKEY
- YAMS

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**Marine Corps  
Recruiting Station**

**600 Martin Luther  
King Jr. Place  
Suite 202  
Louisville, KY  
40202**

**Phone: 502-582-  
6600  
Fax: 502-582-6609**

**rslouisvillefamilies@  
gmail.com  
Jared.cobb@marines.  
usmc.mil**



## **Turtle Pumpkin Pie**

**submitted by Sara Wiggins**

Prep time: 15 min  
Total time: 1 hour 15 min  
Makes: 10 servings

### **What You Need**

1/4 cup plus 2 Tbsp. caramel ice cream topping, divided  
1 HONEY MAID Graham Pie Crust (6 oz.)  
1/2 cup plus 2 Tbsp. chopped PLANTERS Pecans, divided  
2 pkg. (3.4 oz. each) JELL-O Vanilla Flavor Instant Pudding  
1 cup cold milk  
1 cup canned pumpkin  
1 tsp. ground cinnamon  
1/2 tsp. ground nutmeg  
1 tub (8 oz.) COOL WHIP Whipped Topping, thawed, divided

### **Make It**

Pour 1/4 cup caramel topping into crust; sprinkle with 1/2 cup nuts.

Beat next 5 ingredients in large bowl with whisk until well blended.

Stir in 1-1/2 cups COOL WHIP; spoon into crust. Refrigerate 1 hour.

Top with remaining COOL WHIP, caramel topping and nuts just before serving.

This is so simple and delicious!! Also, we prefer using all sugar-free items, reduced sugar and reduced fat. Makes a little better to dive into this guilty pleasure. Tried both side by side (my Dad's diabetic) and sugar-free tastes so much better to us :)

