

Height / Weight Verification Letter

Name (Last, First MI): _____

Rank: _____

MOS: _____

Full SSN: _____

Height: _____

Weight: _____

Body Fat %: _____ (ONLY IF REQUIRED)

Billet: _____

Unit: _____

Date: _____

Verified By (circle one): 1stSgt / SgtMaj / XO / CO

Verifiers Signature: _____

Verifiers **Printed** Name: _____

Per Maradmin 0003/09 "CERTIFICATION BY THE SENIOR LEADERSHIP
(CO/XO/1STSGT/SGTMAJ) OF THE COMMAND IS REQUIRED
REGARDLESS OF RANK AND BODY FAT PERCENTAGE."

For an appointment, please contact:
Lance Cpl. Alfred Dover: 817-782-6779
8th Marine Corps District